



MSCEIT Certification

Professional training in the Mayer-Salovey-Caruso Emotional Intelligence test



Learn how to assess emotional intelligence with the Mayer-Salovey-Caruso Emotional Intelligence Test (MSCEIT), the only abilities based test measuring pure emotional intelligence.

MSCEIT provides unprecedented insights about people's real emotional intelligence abilities to help you predict and enhance their success and improve business outcomes. Developed by Peter Salovey, Jack Mayer and David Caruso, originators in the field of emotional intelligence, the MSCEIT tool is like an IQ test for emotional reasoning.

MSCEIT Certification

This advanced 3-day certification qualifies you to measure actual emotional intelligence using MSCEIT. This flexible tool can be integrated into coaching, training and leadership development programmes and works easily beside other assessment tools and competency frameworks.

Becoming a MSCEIT practitioner enables you to assess, debrief and develop emotional intelligence to:

- Develop greater self-awareness
- Enhance performance, interpersonal skills and communication with clients and teams
- Identify and respond to others' emotions
- Manage their own and others' emotional responses
- Become more resilient.

“The higher a position in an organisation the more EI matters”

DANIEL GOLEMAN

Why emotional intelligence?

Emotional intelligence underpins our capacity to work well with others, manage stress and make effective decisions. Emotional intelligence, more than knowledge, technical skills or traditional measures, has been shown to determine individual performance and business outcomes. These abilities can be measured and learned.

Two decades of solid research has demonstrated that developing emotional intelligence has a bottom-line impact on performance, employee engagement, organisational climate, teamwork, sales and customer loyalty. Learning to be more emotionally intelligent has never been so important.

Tangible outcomes

Professional accreditation gives you an in-depth understanding of MSCEIT and a thorough grounding in how to apply it. You will also learn the neuroscience behind emotional intelligence. By exploring how emotions work in the brain, you will discover why we react emotionally, how these responses can negatively impact behaviour and decision-making, and how to help others perform at their best.

You will leave the course:

- feeling completely comfortable using and debriefing MSCEIT
- more skilled at increasing people's self-awareness, emotional mastery and resilience
- armed with powerful self-leadership and emotional mastery tools you and your clients can apply immediately
- up-to-date with best-practice strategies and emerging research in the field of emotional intelligence.

Practical applications

- Enhance performance, awareness and accountability in coaching and individual development
- Increase the overall effectiveness of leadership, training and talent initiatives
- Provide targeted recruitment and talent solutions.

Who should attend?

- Coaches, trainers and consultants
- Psychologists and counsellors
- HR and L&D professionals
- Recruitment specialists
- Anyone looking to increase their professional capacity to develop emotional intelligence in others



Expert facilitator

Sue Langley is a speaker, master trainer and leading advisor on the practical applications of emotional intelligence, positive psychology and neuroscience. A dynamic and inspiring facilitator, Sue's gift is synthesising science into simple, practical tools anyone can use.

CEO of the Langley Group, Sue has taught thousands of leaders, HR professionals and consultants how to be more intelligent with emotions. She has a Master in Neuroscience of Leadership, BA in Psychology and has studied positive psychology at Harvard. Sue was the emotional intelligence expert in the hit ABC TV series *Redesign My Brain*, broadcast on the Science Channel as *Hack My Brain*.

Great value

For \$3,500 + GST each participant receives:

- 3-day face-to-face training programme
- Personal MSCEIT assessment, report, individual debrief and action planning session (valued at \$750)
- Training materials, lunches and refreshments
- Post-programme follow-up
- Online support and materials

Group discounts: 10% off the full fee when 2 or more register (save \$350 per person).

The MSCEIT Tool

Designed to measure abilities that make up emotional intelligence, the test will return feedback in four areas:

- Perceiving Emotions—ability to recognise emotions in self, others and environment
- Using Emotions—ability to generate emotions, and use them to enhance reasoning and other cognitive tasks
- Understanding Emotions—ability to understand the complexity of emotions and their causes
- Managing Emotions—ability to manage emotions in self and others by managing how they or others react and respond, particularly in relationships and decision making.

Course outline

- The science and theory of emotional intelligence
- The business case and applications of EI
- Understanding the MSCEIT model, four branches and eight tasks
- Knowledge of the MSCEIT Profile and how to interpret the scores
- Validity and reliability
- Practice debriefing MSCEIT and coaching to develop EI
- Applying emotional intelligence best practice in different coaching and feedback contexts.
- Administration and ethical test use

Individual support

- Mayer-Salovey-Caruso Emotional Intelligence Test (MSCEIT) and personal report
- Confidential debrief, coaching session and followup

Continuing education

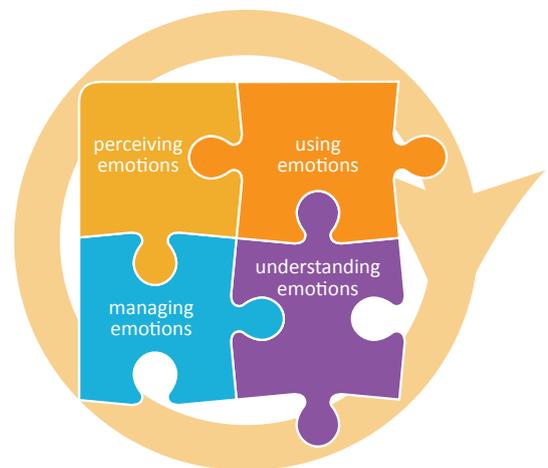


Accredited by the International Coach Federation for 12 CCEUs (10 Core Competencies, 12 Resource Development) toward ongoing professional development for ICF ACC-level coaches and higher.



“I finished the MSCEIT accreditation feeling confident in my ability to use my emotions intelligently and very excited by the prospect of applying a new type of thinking that will benefit colleagues, teams and customers as well as family and friends. What excites me most is knowing and understanding my personal abilities then imagining the potential for generating positive outcomes through the thoughtful and strategic use of emotional intelligence.”

ANASTASIA CHYE,
SENIOR MANAGER, STRATEGY & PROJECTS, WESTPAC



Upcoming courses

Visit our website for dates and locations.

Places limited to 12 people.

Ask us about in-house programmes for organisations and groups and advice to help you build emotionally intelligent leaders.

Register now

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