

## 10653NAT Diploma in Positive Psychology and Wellbeing January Virtual Live Learning Core Units Webinar Timetable

The dates for all live webinars for the January Virtual intake are below. Each Core Unit will run over two live webinars (there will be an additional joint webinar for Units 1 & 2).

For this intake the webinars are run weekly for 3 hours (**6.00pm – 9.00pm AEDT / 7.00am – 10.00am GMT**). There will be a weeks break between Unit 3.

Please note, the 'Welcome' webinar is not compulsory (though we would love for you to attend!). This runs for 1.5 hours and is set to run before the commencement of the live learning.

| Module | Unit of Competency   | Date                                |
|--------|--|-------------------------------------|
|        | Welcome Webinar  | 13 January 2021                     |
| 1      | PPWRAT001 – Research and apply theories of positive psychology to establish and develop own level of wellbeing | 18 January 2021<br>25 January 2021  |
| 1 & 2  |  | 1 February 2021                     |
| 2      | PPWDAI002 – Develop and apply interventions to leverage positive emotions                                      | 8 February 2021<br>15 February 2021 |
| 3      | PPWDEI003 – Develop engagement interventions for personal and professional growth                              | 22 February 2021<br>8 March 2021    |
| 4      | PPWDII004 – Develop and implement interventions to increase meaning and fulfilment in different settings       | 15 March 2021<br>22 March 2021      |
| 5      | PPWDII005 – Develop and implement interventions to build positive relationships                                | 29 March 2021<br>5 April 2021       |
| 6      | PPWEMA006 – Establish and monitor achievement of positive goals for personal and professional growth           | 12 April 2021<br>19 April 2021      |

- All live learning webinars will be recorded in the event that you cannot attend one of the webinars - we encourage you to attend live for the best learning experience
- Dates / times are subject to change