

POSITIVE SCIENTIFIC APPROACH

Research in emotional intelligence, positive psychology and neuroscience is changing the way we unlock talent, motivate performance and get the best from people.

We teach people the science of emotional intelligence, positive psychology and neuroscience and how to apply it at all levels of the organisation.

Emotional intelligence

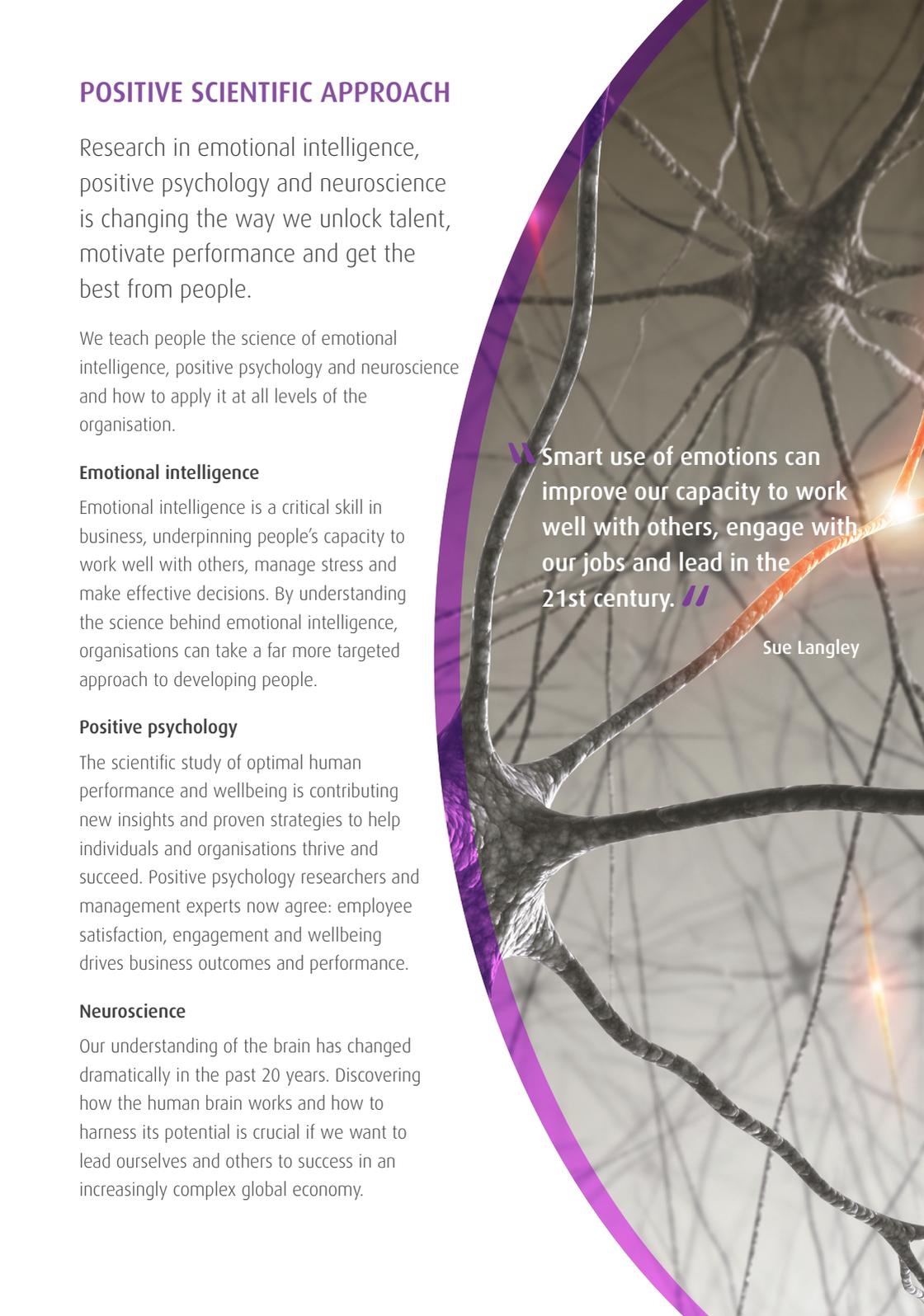
Emotional intelligence is a critical skill in business, underpinning people's capacity to work well with others, manage stress and make effective decisions. By understanding the science behind emotional intelligence, organisations can take a far more targeted approach to developing people.

Positive psychology

The scientific study of optimal human performance and wellbeing is contributing new insights and proven strategies to help individuals and organisations thrive and succeed. Positive psychology researchers and management experts now agree: employee satisfaction, engagement and wellbeing drives business outcomes and performance.

Neuroscience

Our understanding of the brain has changed dramatically in the past 20 years. Discovering how the human brain works and how to harness its potential is crucial if we want to lead ourselves and others to success in an increasingly complex global economy.



Smart use of emotions can improve our capacity to work well with others, engage with our jobs and lead in the 21st century. //

Sue Langley

VALUE TO YOU

What makes us different and exceptionally effective in developing people and sustaining results?

Our positive scientific approach, inspiring people and the positive outcomes we enable individuals teams and organisations to achieve sets us apart. We maximise growth and create ongoing value for all through these key areas.

Practical science

We distil scientific research and apply it to real business environments and challenges. We present science simply and bring learning to life with tangible techniques people can use every day at work to achieve results. We equip your people with the latest knowledge and skills to harness the brain's potential, while deepening their personal effectiveness, credibility and expertise.

Inspiring people

We live and breathe what we teach, inspiring people to be the best they can be. Our proven and dynamic facilitation style engages people to promote real learning, self-awareness and results. We create exceptional leaders, exuding energy, engagement, satisfaction and commitment, spreading positivity to their teams.

Positive outcomes

We take a positive approach that leverages strengths and generates learning, motivation and engagement that builds on itself. This guides people and organisations in upward spirals toward optimal performance and growth.

Visit our website to learn more, join our newsletter for free resources or ask us how we can help.



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Company Profile

Langley Group

The **Langley Group** is a leading consulting and people development company. We work with organisations around the world to build better leaders, engage people, optimise performance and leverage talent.

We apply positive psychology, emotional intelligence and neuroscience to get the best from people and organisations. Our team live and breathe this approach, synthesising science into simple tools anyone can use. Our positive, scientific approach challenges people to think differently and primes them to achieve positive outcomes for themselves and their organisation. We focus on building a culture that drives engagement and performance, equipping people and organisations with the foundational abilities to succeed and thrive.

Founded in 2002 by Sue Langley, the Langley Group has been pioneering practice for over ten years. Our thought-leading expertise and the exceptional quality of the solutions we provide earns us long-term relationships with our clients and industry recognition as the consultant to consultants. Based in Sydney, we operate globally, with consultants in Australia, Europe and North America.



FOUNDER AND CEO

Sue Langley is a speaker, master trainer, global business consultant, researcher and leading advisor on the practical workplace applications of neuroscience, emotional intelligence and positive psychology.

She has taught thousands of business leaders, HR professionals and consultants how to harness the brain's potential, create positive workplaces and be more intelligent about emotions. A dynamic and inspiring speaker, Sue's gift is synthesising science into simple, practical tools anyone can use.

Sue holds a Master in Neuroscience of Leadership, BA in Psychology and Management and has studied positive psychology at Harvard. She was the emotional intelligence expert in the hit ABC TV series Redesign My Brain, broadcast on the Science Channel in the USA as Hack My Brain. She presents her work at conferences internationally and partners with top organisations such as Oracle, Schneider Electric and Wesfarmers to build positive workplace cultures, emotionally intelligent leaders and high performing teams.

A Director of Growing Great Schools and the Langley Group Institute, Sue is also the creator and leader of the first government accredited Diploma of Positive Psychology and Wellbeing.

BESPOKE SOLUTIONS



Engagement and culture

Many organisations measure employee engagement and want to develop a more positive culture. We have answers to your engagement questions and specialise in building a positive emotional climate that inspires people.



Leadership

Leadership is about people. We understand people and help leaders and organisations develop the self-awareness, people savvy and personal agility that are the foundations of great leadership and organisational success.



Talent and performance

If talent management is a top priority, how much are you leveraging performance potential across your organisation? We help you get the best from talent throughout the employee life-cycle.



Wellbeing and resilience

Did you know that employee wellbeing leads to high performance, retention and reduction in sickness costs? We apply positive psychology to broaden and build people's toolkit to be more resilient, happy and healthy at work.



Emotional intelligence

Emotional intelligence is a science not a soft, fluffy skill. We teach people the science of emotions so they can use them more intelligently. Our approach works with senior executives to frontline managers and blue-collar workers.



Team development

Realising strengths in individuals and teams engages them in working productively and collaboratively. We help teams leverage collective strengths and achieve strategic goals faster and more effectively.



Sales and service

Excellent service, sales and business development are based on good relationships. We explain the science of engaging customers and building trusted client relationships, enabling people to understand and apply these skills as they never have before.

SERVICES

Consulting and capability building

We work with organisations to grow their capability and people skills in ways that drive business performance, engage people, boost resources and achieve strategic goals. We help create flexible, scalable and cost-effective solutions and inspire people to make positive changes that are sustainable. We focus on teaching the science behind soft skills and engaging people in creating positive solutions for themselves and the organisation.

You can engage us to:

- inspire people to think differently
- design and deliver solutions for your needs
- partner in delivering integrated solutions
- transfer expertise to your business.

Programmes

We deliver programmes on the neuroscience of leadership, positive leadership, positive customer service, emotional intelligence for financial advisers, our flagship programme, Leading with Emotional Intelligence, and more.

Keynotes and masterclasses

Our keynotes and executive masterclasses synthesise neuroscience, emotional intelligence and positive psychology into critical insights business leaders and human capital managers need to get the best from people.

Workshops and skill bites

We provide engaging short workshops and skill bites that bring learning to life. Each session draws on science and is delivered in a fun, interactive and energising way so people are inspired to put learning into practice right away.

Coaching

Coaching is a powerful and proven method for optimising performance, learning and development. Our coaching programmes offer one-on-one accelerated development for executives, managers and anyone who wants to achieve their personal level of excellence.

Assessment

We use positive scientific tools to assess and develop emotional intelligence, strengths and leadership capability. These include Strengths Profile, Mayer-Salovey-Caruso EI Test (MSCEIT) and i4 Neuroleader. By building positive assessment and feedback tools into programmes, learning is amplified.

Accreditation

Would you like to learn how to assess and develop emotional intelligence, strengths and the core brain and body abilities that have a direct impact on leadership effectiveness, productivity and engagement? We offer inhouse accreditation in our psychometric tools.

We also offer a nationally recognised qualification in positive psychology, the Diploma of Positive Psychology and Wellbeing, through our Registered Training Organisation, the Langley Group Institute.

Train the trainer

As experienced master trainers, we can advise and train your Human Resources, Learning and Development and business leaders to transfer knowledge, capability, strategies and skills to your business through targeted train-the-trainer programmes.

