

Langley Group Certified Trainer Programme Guide



Unlock potential and performance in people

WELCOME

A very warm welcome to the Langley Group (LG) Certified Trainer Programme Guide, where you will find all the information you need to understand how to become an LG Certified Trainer.

LG Certified Trainer programmes create positive impacts globally, as select certified practitioners share LG programmes worldwide. Becoming certified means you have the opportunity to make a real difference for teams, organisations and individuals as you are trained, and then licenced, to use Langley Group intellectual property and deliver programmes to your clients.

Behind the certification process comes a number of key benefits including the strong Langley Group brand, training in Langley Group delivery and content with Master Trainer Sue Langley, as well as information about programme design and access to material ready for licenced use. All of which is based on over two decades of expertise and experience in the application of Positive Psychology (PP), Neuroscience and Emotional Intelligence (EI). Plus the full support of a dedicated Langley Group team.

Langley Group builds strong partnerships, and it is through these enduring positive relationships that we collaborate and form a network of experts, including professional facilitators and consultants, Diploma in Positive Psychology and Wellbeing (DPP) graduates, Strengths Practitioners, Coaches and MSCEIT Practitioners.

With very best wishes,



Sue Langley

CEO

Langley Group



LANGLEY GROUP BRAND

Langley Group is a leading global consulting and people development company. We work with organisations around the world to build better leaders, engage people, optimise performance and leverage talent.

Research in emotional intelligence, positive psychology and neuroscience is changing the way we unlock talent, motivate performance and get the best from people. We teach people the science from these three fields and how to apply it at all levels of the organisation.

Langley Group has a reputation for personalised care, responsive services and leading expertise in the practical application of EI, PP and Neuroscience. The established Langley Group, Langley Group Institute and Sue Langley brands reinforce the global presence of LG Certified Trainers.

This is an advantage for practitioners partnering with Langley Group, as the strong brand and reputation supports the global network of trainers who deliver our content.

SUE LANGLEY

Sue Langley is renowned for her ability to synthesise the science and research into simple, practical tools that we can all use to enhance wellbeing and performance.

Sue has worked with thousands of business leaders, HR professionals, managers and consultants to help them learn how to harness the brain's potential, create positive workplace cultures and increase performance and productivity.

Now is your opportunity to learn how to deliver in the Langley Group way, working with Sue and the Langley Group team on building your portfolio of programmes and delivery style. You will gain deeper insight into the science, and hit the ground running with proven content ready to use.



PROGRAMME OVERVIEW

Each package is made up of four virtual half-day sessions that will provide deep insight into the unique content and style of the Langley Group.

The certification features intensive small group sessions, as well as personal feedback and mentoring. This approach will help you confidently and successfully learn and understand the content and facilitation style of Langley Group.

We will also provide you with ongoing mentoring and support after the virtual training to ensure your competence and confidence.

The Langley Group Certified Trainer programmes include:

- an LG Learning Coach to support you to succeed
- four half-day virtual workshops
- quality training materials and resources
- exclusive online access to the LG Certified Trainer site
- certificate on successful completion
- includes slide decks, facilitation guides and workbooks

PROGRAMME OVERVIEW CONTINUE

EMOTIONAL INTELLIGENCE PACKAGE

The LwEI programme enables businesses to gain a competitive advantage by building the Emotional Intelligence (EI) ability of their current and emerging leaders. Considered one of the top skills for leaders now and in the future, EI differentiates the most successful leaders and the highest performers. The programmes included are:

- Introduction to Emotional Intelligence
- Foundations of Emotional Intelligence
- Leading with Emotional Intelligence
- Resilience
- Positive Relationships

EVERYDAY HEROES PACKAGE

Everyday HEROES is a next generation approach to personal and workplace wellness. The robust research in the academic field of Psychological Capital forms the basis for this unique and impactful programme. When certain key elements combine in an individual, they will have significant impacts on wellbeing, mental health and resilience, and on the ability to handle change and life. This is Positive Psychological Capital – characteristics of high self-efficacy, optimism, hope and resilience. The content included is:

- Everyday HEROES Programme
- Short sessions and combinations around Hope, Efficacy, Resilience, Optimism, EI and Strengths

POSITIVE LEADERSHIP PACKAGE

A positive and practical approach to empower leaders to harness their strengths and build a foundation for influence, resilience and success. The programme is grounded in the science of positive organisational scholarship and translated into tools that can build positive leadership. The content included is:

- Positive Leadership Programme
- Short sessions and combinations

ENABLING STRENGTHS PACKAGE

Realising strengths and the energy that fuels them is a natural route to enhancing valued business outcomes. Ultimately, the strengths-based management approach is shown to improve employee wellbeing and boost productivity in all areas. The Strengths package will support individuals, teams and the organisation to realise their strengths, develop their hidden talents, manage potential burnout and minimise their weaknesses. The programmes included are:

- Introduction to Strengths
- Harnessing Strengths with VIA
- Team Strengths and Values
- Team Strengths and Strategy
- Strengths Based Performance Conversations
- Strengths Profile Group Debrief (Strengths Profile Accredited Practitioners only)

POSITIVE PSYCHOLOGY AND FLOURISH PACKAGE

A positive workplace culture can go a long way toward helping people feel happy, engaged and committed at work. Employee satisfaction, engagement and wellbeing are all factors that drive business outcomes and performance. This package will provide you with the resources, knowledge and practical experience to facilitate a suite of courses built around the principles of positive psychology and flourishing. The programmes included are:

- An Introduction to Positive Psychology at Work
- Flourish Wellbeing and Resilience
- Cultivating a Growth Mindset
- The Power of Learned Optimism

LANGLEY GROUP CERTIFICATION OUTCOMES

KNOWLEDGE

Demonstrate an understanding of the applied science and evidence from the fields of PP, EI and Neuroscience applicable to the programme certification.

Demonstrate understanding of LG delivery, content and the LG Way.

SUBJECT-BASED PRACTICAL SKILLS

Deliver practical training sessions to teams and organisations that show skill in facilitation of PP, EI and Neuroscience.

SKILLS FOR LIFE

Build a portfolio of knowledge that when applied has the potential to significantly impact your own wellbeing and performance.

POSITIVE RIPPLES

Deliver LG content to individuals, teams and organisations around the world generating positive change in workplaces, engagement, leadership and wellbeing.

ASSESSMENT AND SUPPORT

ASSESSMENT SUPPORT

An LG Learning Coach will support you to succeed. They will also be responsible for assessment of your final work.

Throughout the programme you will be required to complete readings, activities and reflections. You will also need to record yourself in Zoom (or a similar platform) presenting LG content.

Recorded sessions will provide your coach with insight into your application of the content in a virtual setting. Further detail and guidance are provided prior to assessment.

CERTIFIED RESOURCES

When certified, practitioners receive exclusive online access to the LG Certified Trainer site. Here you will find slides, facilitator guides, videos, learning resources, and activity resources needed to deliver the content. Langley Group team maintain this site, including regular updates to content and knowledge sharing.

Packages may also include an invitation to complete an individual Strengths Profile assessment and coaching debrief, a MSCEIT assessment and coaching debrief, or a wellbeing assessment. These are tools that support your programme understanding, personal development and provide you with an individual experience of the psychometric assessment. Please note these are not certification processes to use the tools.

It is beneficial to be MSCEIT Certified for the EI package, or Strengths Profile Certified for the strengths package if you want to use a personal psychometric assessment as part of this programme suite in your business. To learn more about Strengths Profile or MSCEIT please see our website.

On completion of the programme and payment of fees, you then need to deliver LG content as part of the assessment.

FAQ'S

CAN THE CERTIFIED TRAINER PROGRAMMES BE DELIVERED IN-HOUSE?

Yes. We can tailor a programme for an organisation or group. Ask us about opportunities to bring the programmes to your organisation, institution or professional network.

WHERE IS THE TRAINING HELD?

The sessions are held virtually.

HOW BIG ARE YOUR CLASS SIZES?

Class sizes are small enough to ensure a rich learning experience for everyone.

HOW DO I ENROL IN THIS COURSE?

Contact our team at contact@langleygroup.com.au or phone +61 2 7904 1410.

Alternatively, you can reserve your place for each of the LG Certified Trainer Programmes by going to the shop on our website and selecting the programme you'd like to register for. Please remember each programme package is set up separately, so if you'd like to attend multiple programmes you will need to register for each of these.

You will pay a deposit for a programme to reserve your seat, then we will contact you and help you with the acceptance process.

WHAT HAPPENS AFTER THE COURSE?

On completion of the programme and payment of fees, you are certified to deliver LG content anywhere in the world, virtually or face to face.



ENROLMENT AND FEE INFORMATION

ENTRY LEVEL REQUIREMENTS

To be accepted for the programme you will need to complete an application, which includes your reflection on your own abilities and skills that support you becoming an LG Certified Trainer.

KEY INFORMATION

Subject to your successful enrolment and acceptance for the programme, you will be connected to the Langley Group Learning Management System (LMS). You can then move through the online self-paced learning, including readings, videos, activities and reflections. You will also be invited to four virtual classroom sessions with Sue Langley. Attendance at the four sessions is required.

COURSE FEES

Fees are structured in two parts:

1. Training and certification costs, including all resources
2. Ongoing annual licence fee

TRAINING AND CERTIFICATION COSTS

Depending on the number of programmes you plan to do, the cost per programme (+GST) is as follows:

| | |
|------------------|--------------|
| One programme | AU\$5,000 |
| Two programmes | AU\$4,545.45 |
| Three programmes | AU\$4,090.91 |
| Four programmes | AU\$3,636.36 |
| Five programmes | AU\$3,181.82 |

LICENCE FEE

Individuals, Trainers and Consultants: AU\$2,181.82 (+GST) per annum, (AU\$181.82 + GST per month) per package. Each package requires a licence fee.

Organisations: Langley Group can provide a bespoke proposal for organisational training and licencing.

A copy of the licencing agreement is available on our website. Please contact our team at contact@langleygroup.com.au to discuss further.

PAYMENT TERMS AND PLANS

A deposit is required to secure your place as classroom numbers are intentionally kept small. Please speak with our team about payment plans.

CANCELLATION POLICY

You can terminate the agreement by providing four weeks' notice in writing.

Upon termination, you will stop using the material, certification and associated LG content or approach. LG will cease acknowledgement of your LG Certified Trainer status on marketing and all associated company material.

If the agreement is terminated prior to the end of the 12 month period, no reimbursement of annual fees will be given.

For more information and the full terms and conditions, please refer to our sample licence agreement.

Visit our website for dates: langleygroup.com.au/courses



contact@langleygroup.com.au langleygroup.com.au